

ISLAND ARTS MAGAZINE

SEPT/OCT 2022

Issue # 61



MADE IN CANADA

DIGITAL
INTERACTIVE
PUBLICATION

Feature Artist

**Elizabeth
Evans**



**CULTURE
DAYS**

**20
22**



October 21 - 23

E.A. EVANS

Thanks to our contributors

John Warden

“Pausing for a long, slow look, I feel the currents of nature coalesce into compositions of simplicity, subtlety, rhythm, and majesty – asthenic values that colour my thoughts. I breathe out and with a click, my feelings flow, onto the canvas of my camera.”



Photo credit - Debra Kelly

Beth Lischeron

Beth's career has spanned three continents over 40 years; from theatre to journalism, narration and documentary production; fibre arts and festival production. She has developed and pioneered organic plant-based body care “from the ground up”

Supporting artisans and artists, Indigenous peoples, sustainable living and ecological responsibility have been strong threads through her working life.

www.dragonflydreaming.com



David Essig

As well as being a Canadian Musician, Songwriter & Producer, David Essig knows his way around the kitchen.

Having spent much time in Italy, he is our foodie columnist, sharing his culinary skills with our readers. Buon appetito and grazie David.

davidessig.com



Island Arts Magazine Since 2008

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ISLAND ARTS MAGAZINE



This Issue

Featured

Thanks to our contributors	2
Featured Artist Elizabeth Evans	14



Editorials

Notes from your Editors	4
LBD Comes to Sidney by the Sea	9
Gold River, Nootka Sound Society For The Arts!	11
Exposing Yourself	12
the DOUGLAS Hotel Launches Storyteller Program	17
Dear God, It's me, the Dog	20
Old and New: Buildings of Port Perry	25
Dragonfly Dreaming with Beth	34
Grand National Fibre Exhibit	35
Living our Destiny with Design Principles	37



Departments

Blue Jeans and Rubber Boots	22
Colourful Cuisine	27
Tech Talk	28
Perspectives by John Warden	31
Marketplace	38

Note **from your Editors**

Susan Schaefer
Jeff Shields

Chace - mascot

With the fall issue, we say goodbye to summer and welcome a new season. Fall has always been my favourite season. I love the bright fall colours, while basking in the warm daytime sunlight and sleep peacefully with the cool evening breezes. Fall is a great time to go on travel adventures and this year is no different, as we head out to the east coast of Canada. Now that's another story, for another edition.

What did the summer bring us? It was late in coming, but once it appeared, boy oh boy, it came on with several weeks of extreme heat. We saw many events open with grand attention and record attendance. Down Island, the Sooke Fine Arts Show was back in full swing. Up island we welcomed the Filberg Festival and Nautical Days. Even during those sweltering dog days of summer, they too had record attendance and welcomed enthusiastic art patrons. Studio tours that had been closed down for years opened up their doors again. New ones popped up, as did the Oceanside Studio Tour, in which I gladly exhibited.

In this issue, we welcome back the Sunshine Coast Art Crawl. This is a 3 day self-guided art show running from October 21 - 23. With 270 artists and 167 venues, there is something for everyone!

The Green Banner / Open Studio event reaching from Bowser to Campbell River is up and running again from September 16 – 18. Don't miss out! We also congratulate the artists of Gold River for the newly founded Arts Council.

For the fall issue, we sent out a "Call to Artists" to send us their most colourful fall image. We had an abundant response.

When you see the Maple Leaf, please know that a Canadian Artist was kind enough to share their artwork with our readership.



Remember we are here to help!

If you are excited about a new project you are working on...**we'd like to hear from you.**

If you are having an exhibition ...**we'd like to hear from you.**

If you would like to be considered as our featured artist ...**we'd like to hear from you.**

If you are an ARTIST... doing what you do...**we'd like to hear from you.**

If you need help with your website.
Give us a call. 250-586-5510

~ All the Best





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SUNSHINE COAST ART CRAWL

OCT 21-23 2022

EARLS COVE
TO LANGDALE



Join friends and take a scenic coastal tour of
167 galleries, artist studios and more.
Enjoy events, demos and meet the artists

SUBJECT TO CHANGE ACCORDING TO PROVINCIAL HEALTH GUIDELINES

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SUNSHINECOASTARTCRAWL.COM

Now in its 12th year, the Sunshine Coast Art Crawl is becoming a 'not to miss' destination event for travelers, locals, artists, and art lovers to attend.

As 'the Crawl' is in the fall, our unique B&B's and other accommodators have more space available for an artful weekend retreat.

From October 21 to 23, take a scenic, self-directed, and free tour from Earl's Cove to Langdale and discover hidden treasures on this beautiful coastline we call home. This year 167 venues and over 270 artists open their doors and share their studios along with galleries and other groupings of artist to provide a variety of styles and mediums for all tastes and price ranges.

The Crawl is a great chance to meet and talk with the artists in their studios and experience the vibrant arts and culture in the community. It becomes a bit of a treasure hunt to discover locations off the beaten track as you follow

brochure maps, directional signs, smart phone maps and other Crawlers.



Zann Classen's Studio

The map/brochure will be available in print and on the website the end of September. You can request a printed copy by emailing scartcrawl@gmail.com.

Go to www.sunshinecoastarts.com to get the complete list of venues and find out more about each artist. You can also follow us on instagram and facebook @CoastCulturalAlliance.



Celebrate Canada Culture Days - September 23 to October 16

The City of Parksville is pleased to support the McMillan Art Centre's initiative to celebrate Canada Culture Days featuring five exciting events in our community. Culture Days are an annual nationwide celebration of arts and culture and 2022 is the tenth anniversary of this initiative. The events will be exciting, colourful, musical, visual, cultural, and fun for all ages.

In collaboration with sponsors, the McMillan Arts Centre, Parksville Downtown Business Association, Oceanside Community Arts Council, and the Bayside Oceanfront Resort, the City is excited to present culture days events as follows:

Friday, Sept. 23

TikTok© Film Festival, McMillan Arts Centre.

Saturday, Sept. 24

Art Banner Crawl, Downtown Parksville

Sunday, Sept. 25

Ukrainian Culture Fest, Community Centre

Saturday, Oct. 1

Breast Cancer Awareness, "BeDazzled Bras" Parksville Civic and Technology Centre

Saturday, Oct. 15

Exquisite Corpse, evening gala at the Bayside Oceanfront Resort

Events are free or by donation. Everyone is welcome to join the celebration of the arts and culture of our vibrant and diverse country, beautiful province, and Parksville.

Visit Culture Days website for more detailed information. Deb Tardiff, Manager of Communications, City of Parksville

VanIsleGoddess.Com



JEWELRY & APPAREL

PHOTOGRAPHY of Vancouver Island by *Roxy Hurtubise*

Visit my Gallery In Parksville by Appointment

Wednesday to Sunday 10am to 6pm

250-586-5565 vanislegoddess@gmail.com

Lynne Usher

Original Artwork - Commissions



"Two Jack Lake", 18 x 24", acrylic on canvas

Artist by Heart - Follow me on Facebook

(604) 951-3403, Surrey BC CAN

Art and Soul

A celebration of art and feeling by
Birgit Coath and Jacqueline Dunn.

Birgit's artwork is technically sound and yet she doesn't lose the gift of imbuing the sense that there is more of the story lurking just behind the canvas.

Jacqueline's artwork is rooted in her love for the outdoors. Her paintings draw you in by her use of light that makes you want to enter and bathe in it.

September 1-24 at the McMillan Arts Centre,
Parksville BC.

Opening Reception: Sept. 10 from 1:00 to 3:00.
Everyone welcomed!

September 1 - 24
@ The MAC
Art & Soul
A celebration of Art and Feeling by
Birgit Coath and Jacqueline Dunn

Birgit Coath



www.birgitcoath.com
birgit.coath@telus.net

Jacqueline Dunn



jacquelinekunst.com
pax911@telus.net

September 1 - 24, in the Oceanside Gallery at
McMillan Arts Centre 133 McMillan St., Parksville, BC

Visitors to the **Sooke Fine Arts Show** were keen to confirm their enthusiasm for their favourite art pieces by voting for the following awards. They are in addition to the awards chosen by the Jury, which were presented at an entertaining Artists Celebration Event on July 23.

1. People's Choice Award:
"View upon Neah Bay" by Dallas Duobaitis
2. Youth Art Favourite Award:
"Ode to Pointillism" by Janelle Brodrick
3. Children's Choice Award:
"A Serious Conversation" by Monica Reekie



Sooke

FINEARTSSHOW

THANK YOU

With deep gratitude to all our sponsors, patrons, volunteers and talented artists for contributing to a very successful 2022 Show!

CONGRATULATIONS

People's Choice	People's Youth Art Choice	Children's Choice
Dallas Duobaitis <i>"View upon Neah Bay"</i> <i>oil on canvas</i>	Janelle Brodrick <i>"Ode to Pointillism"</i> <i>acrylic on paper</i>	Monica Reekie <i>"A Serious Conversation"</i> <i>archival photographic print on metal dibond</i>

THANK YOU TO OUR GENEROUS SPONSORS

sookefinearts.com | sfas@sookefinearts.com | 250-642-7256

SFAS 2022 - A FANTASTIC COMEBACK!

The return of the live Sooke Fine Arts Show this year was a wonderful success! Many visitors commented on how thrilled they were to be able to experience art in person once again. The 2022 show featured more BC Island Artists than ever before, and we are also pleased to report record art sales for exhibiting artists. It was especially delightful to see more children & families than in past years, due in part to our new admission pricing that allowed youth 17 & under in free.

Thank you to all our visitors, sponsors, donors, purchasers, volunteers, and of course artists, for your support of the show this year!

Picture Yourself Here!

The home of your dreams is waiting for you!

As an Artist and a Realtor designing a home search just for you is my goal.

Deborah Nicol
 Associate Broker, Macdonald Realty
Call/Text 250-607-7038



LBD Comes to Sidney by the Sea

The Sidney Museum is excited to announce their upcoming feature exhibition: The Little Black Dress: Fashionable Evolution and Societal Change

This exhibit offers not only a fascinating glimpse at how the little black dress as a garment has evolved throughout the 20th century, but also provides an interesting look at how this evolution has been reflected in the changing roles of women in society from 1910-1980.

How were silhouettes and fabric choices impacted by the women's suffrage movement? What did the Second World War mean for hemlines? How was the women's liberation movement and the social change of the 1970s reflected in the clothing women of the day were wearing? This exhibit discusses these questions and more through a series of historical garments.

This show will feature a variety of dresses owned and worn by actual women throughout the 20th century, the oldest of which is over 100 years old. While the visual beauty and stunning craftsmanship of these garments is sure to impress viewers, the absorbing social history that is told through these fashion pieces is what promises to be the highlight of this exhibition.

The Little Black Dress is a traveling exhibition from the Costume Museum of Canada, and the Sidney Museum gratefully acknowledges their support.

SIDNEY MUSEUM
PRESENTS

**LITTLE
BLACK DRESS**

●●●●● Fashionable Evolution + Societal Change

A traveling exhibition from the Costume Museum of Canada

July 8 - October 3, 2022

Visit our website for more information

2423 Beacon Ave, Sidney • www.sidneymuseum.ca

The Sidney Museum is currently open, by donation, 7 days a week from 10am-4pm. Please see the [Museum website](http://www.sidneymuseum.ca) for more details on the current and upcoming exhibitions.

For more information contact:
Michael Goodchild, Executive Director,
Sidney Museum (250) 655-6355
director@sidneymuseum.ca

"I realized once and for all that I just need to make the paintings that come to me and not be concerned about my own feelings about them, cuz they aren't my paintings in the end.

I like to think I am being commissioned by something, somehow, to create art for others that will hopefully contribute in some way to making their lives better or more enjoyable. For me, it is a satisfying, and humbling way to think about what it is I do as an artist."

David Langevin

www.davidlangevin.com



Dianne E. Nelson - Silk Painting Artist - Campbell River BC



250-500-3548 swift.rivers.studio@gmail.com

Green Banner Studio Show - Sept. 16, 17, 18

CENTRAL ISLAND STUDIO TOUR

GREEN BANNER

**open
studio**

E V E N T

Sept 16 - Sept 18, 2022

Artists and artisans from Bowser to Campbell River are opening their studios to the public
Sept 17 to 18 from 10 am to 4 pm.

Check out <https://www.facebook.com/groups/greenbannerstudios>
to see which studios are participating then plan your own tour or watch
for studio signs and flags that indicate that studios are open.



**LOOK FOR THE
GREEN BANNERS!**

Throughout the year
artists will display
their green banners
when their studios
are open for visits.

Don't miss our
LAUNCH PARTY/OPENING RECEPTION
Fri Sept 16 from 7 to 9pm
at Artful: The Gallery
526C Cumberland Rd, Courtenay, BC
Exhibition on from Sept 14 -24
Wed to Sat 12 - 5pm

Green Banner Launch Party / Opening Reception

Fri. Sept. 16 from 7 to 9 pm at the Artful: The Gallery
526C Cumberland Rd. Courtenay BC.

Gold River, Nootka Sound Society For The Arts!

by Keith F. Broad, President

New opportunities and new possibilities bring new hope. In that light I am pleased and proud to announce a wonderful new opportunity for all of Gold River, Tsaxana and Nootka Sound that will bring a world of possibilities for all our residents and for all its many artists and artisans!

Welcome to the new GOLD RIVER, NOOTKA SOUND SOCIETY FOR THE ARTS!

In mid 2021 I invited a small group of people to join me in a new venture. In August, Sunny Tee, John Amos, Brenda Patrick, Neil Lawrence, Steve Wray and I had our first formal meeting to plan for the incorporation of a nonprofit society for the arts to serve Gold River, Tsaxana and Nootka Sound. On September 26, 2021 Gold River, Nootka Sound Society for the Arts was incorporated under the Societies Act of British Columbia.



Gold River, Tsaxana and Nootka Sound can capitalize on its spectacular natural surroundings; its love of artistic expression in all its creative forms, and its cultural and historical heritage all while generating income and interest in uniquely artistic ways.

With the support of the community, the Gold River, Nootka Sound Society for the Arts will be able to work hard to bring new arts related opportunities to our neighbourhood and to seek new possibilities for our artists to thrive and flourish.

contact email: grns.ARTS@gmail.com



Glow, by Maureen Purtell, 12x24 acrylic on canvas.
maureenpurtellcreatives.com

Exposing Yourself

Are you being exposed or do you expose yourself?

by Susan Schaefer

On one of our trips to Mexico, we were invited by our Mexican friend, Alex, to an art show in a neighbouring town. As we piled into his dusty old jeep he told us his friend, and I quote “was exposing himself for the first time.” What!! We all burst out in laughter. Then he asked me “Susan, do you ever expose yourself?” I cheekily replied, “Only on Saturdays and only to my husband.” He looked baffled. We told Alex that if you expose yourself in Canada you may be arrested. We explained to him what that meant and said that the correct phrase would be to say, “My friend is having an exhibition of his artwork.” Ah, he got it and laughed along with us. I suppose a bit was lost in translation, but if you look up exhibition, it does translate to exposure.



Sometimes I wonder about artists and all the great exposure they are being offered. As an artist, how many times have you heard that. Put your artwork up in a specific venue, as it will be good exposure. Being an artist is hard enough, without, what I feel, having some people take advantage of us.

Basically I feel like they are asking you to decorate their walls, for free! It would be the same idea if you went up to a cook in a fancy restaurant, asked him/her to come to your home and cook for a few of your friends. They wouldn't get paid, BUT remind them that they could hand out business cards and get some good exposure. Or ask a band the same thing; ie.. come by your house and play for free, just for the 'fabulous' exposure. I don't think that would

go over very well. So why do they think it's OK for fine artists?

Now having said that, there are times, that you may want to do this. Myself, I've hung artwork in my cousin's internet cafe many years ago, as she was just getting started and I wanted to help out. Nothing financial ever came of it, besides free coffee, but it made me feel good and that was payment enough.

But please be cautious that you are not undervaluing your work.

I feel that in these situations, there should be some kind of arrangement that is beneficial to both parties. Other than the free exposure, what else are they offering? Perhaps if you hang your artwork in a restaurant, ask them for a few gift certificates for meals that you could give to your art patrons, so they could dine and view your work. I think that is a mutually beneficial agreement.

I remember a few years back being approached by new restaurant in the area. They asked me if I would like to hang some artwork in their new place. I responded by asking them to consider a rent to own program, for only a few \$\$ per month. After a couple emails back and forth, that deal quickly fell apart and months later so did the restaurant. They were also not willing to be responsible if any of my work was damaged or went missing, but they would be glad to hand out my business cards for me. That gave me a bad feeling. If it doesn't feel right, please don't do it! There will be other opportunities down the road.

In conclusion, dear artists, please don't cheapen your artwork by exposing yourself!

susan-schaefer-fine-art.ca



Autumn Canyon 2, 24 x 48" acrylic
artist Jodie Blaney
www.jodieblaney.com



Calling ALL Canadian Artists

Join us in the next issue of
Island Arts Magazine

November 2022 - February 2023

Deadline: October 20

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(250) 248 8333 - www.baysideresortparksville.com

Featured Artist

Elizabeth Evans



Elizabeth is a formally trained Canadian artist who has produced a highly acclaimed body of art work over a 60 year career.

She has been a full time painter all of her adult life. She always knew that her life would be spent as an artist, bringing her inner vision into the world through her paintings . She attended art school at the Montreal Museum of Fine Art in the 1960's. There she was taught, mentored and befriended by one of Canada's art masters, Arthur Lismer, a founder of the world famous Group of Seven. He taught young Elizabeth not only how to apply paint, ink and pencil to paper and canvas, but also how to see the world through the eyes of an artists.

Featured Artist Elizabeth Evans

by Susan Schaefer

Art is a powerful way for me to tell a compelling story. Elizabeth Evans

From reading your bio, you mention that you always knew that your life would be spent as an artist. Was there a key turning point, in your early years, that led you in this direction?

When I was a teen, a Minister who saw my work told me he believed I had real artistic talent and that I should go to art school to study and realize my artistic potential.

Based on the Minister's enthusiasm and my own strong interest, I attended Art School in Montreal in the early 60's and won scholarships for further study. My Father encouraged me once he saw that I was intent on this career path

Your tagline is "Painter of Special Moments." Does this have special meaning to you?

Yes, special moments has a special meaning to me. Of all the beauty I come across and see on a daily basis, there are so many choices. I have to be very selective to create the feeling and wonder of a special moment that stands out in the midst of so much visual splendour.

I also select special moments from certain areas where I have a passion for the subject, such as polar bears and endangered species. In essence, I try to capture and paint moments that resonate with both myself and the viewers.

Please explain the painting technique you describe as "brickilism".

In early 2000's I noticed subtle changes in my style – little "bricks" of colour started to appear in certain areas of my work. I decided to pursue this idea and thus "Brickilism"™ was born.



It certainly challenged my senses and my technical abilities. The idea of placing one colour next to another excited me because a third colour seemed to emerge before my eyes.

During the course of your art career what are you most proud of?

First and foremost I'm so proud of my supportive husband and three daughters.

In my career I'm also proud to have been a friend to my mentor, Arthur Lismer. I believe this friendship occurred because he could see in me the eagerness and artistic thirst for knowledge. I wasn't aware of his fame at the time so in a way I guess he treated me as a new fledgling artist. I was proud to have known and learned from an exceptional artist who was also a great teacher.

Continued next page...



As a full time artist, what has been your biggest hurdle?

My biggest hurdle was making sure I had the time to paint while raising a family and looking after a house and a husband. Shifting priorities and the demands of family required constant balancing. Nevertheless, my family realized I needed to paint in order to thrive and were very understanding of that need. Currently we have an “empty nest” which allows for much more time in the studio.

Do you have any upcoming events that you would like our readers to know about?

My newest upcoming events are very exciting. In March, 2022 I was elected to membership in the Federation of Canadian Artists and was eligible to submit works for jurying in their upcoming shows. I proceeded to enter every exhibition they were mounting and for every submission my work was chosen for inclusion.

In some of the exhibitions more than one work was selected. So far, I will be exhibiting work at the Federation Gallery in Vancouver until October with group exhibitions changing every two weeks. Each exhibition has at least one EA Evans painting.

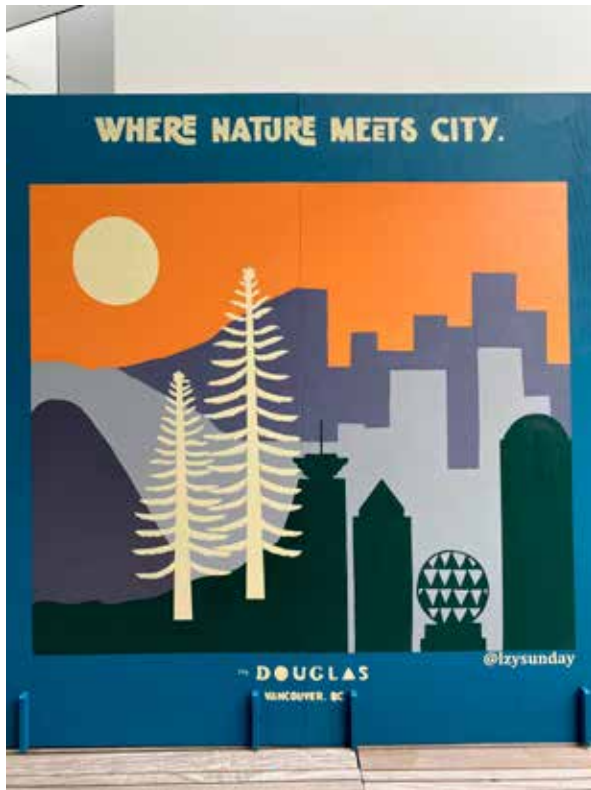
I expect to be a regular contributor to the exhibitions at the Federation Gallery over the next few years.

In addition, after becoming a newly elected member of the Society of Canadian Artists I submitted work for inclusion in their annual international exhibition and both my works were chosen to be included. The exhibition took place at the Papermill Gallery in Toronto this past August.

I will also be participating in the Sunshine Coast Art Crawl in October, 2022.

~

the DOUGLAS Hotel Launches Storyteller Program



The **DOUGLAS, Autograph Collection** hotel in Vancouver BC launched its Storyteller in Residence program.

Taking inspiration from the hotel's natural surroundings, the team at the DOUGLAS, Autograph Collection located in downtown Vancouver invites a diverse range of storytellers from across the country to showcase their work, featuring one artist per month.

Their new 'Storyteller in Residence' program celebrates diversity by providing artists and creators with a platform to share their work outside of their usual environment.

To launch the program, Canadian muralist Effie Theodosiou, owner & illustrator of [Izysunday](#), designed a nature-inspired mural, available for public viewing on the sixth-floor Park level throughout the month of August. *"Murals are such a unique way to create meaningful spaces to celebrate and reflect, so I jumped at the opportunity to be part of the Storyteller in Residence program at the DOUGLAS,"* said Theodosiou.

The hotel team is proud to showcase Canadian storytellers and artists, whose works will be featured in the hotel through to December 2022.

[the Douglas, Autograph Collection](#)



Change of Season
29 x48" oil on canvas
artist James Hayes
Sorrento BC

**Jameshayesgallery.
blogspot.com**



HEATHER BROWN, artist - potter

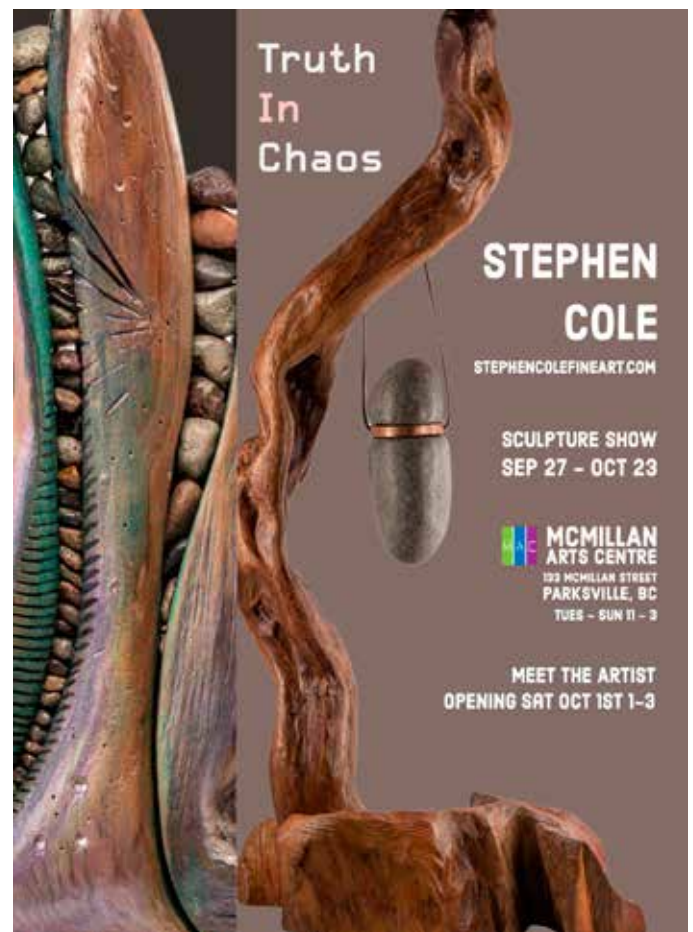


www.heathermarybrown.ca

250-956-4629
Port McNeill, BC

Remnants of Summer, mixed media. cotton thread, steel cable, acrylic paint. A garden emerges when it knows what it's made from. I'm trying to let go of things that are twisted and forgotten.

artist Eric Goldstein, Vancouver BC
ericgoldsteinart.com





Between the Silence of the Mountains
and the Crashing of the Sea
15 x 30", acrylic on canvas
Marla Thirst, Ucluelet BC

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Great things are done by a series of small things brought together.
– Vincent van Gogh

Dear God, It's me, the Dog

Dear God: Is it on purpose that our names are spelled the same, only in reverse?

Dear God: When we get to Heaven, can we sit on your couch? Or will it be the same old story?

Dear God: Why are there cars named after the jaguar, the cougar, the mustang, and the rabbit, but not ONE named for a Dog? How often do you see a cougar riding around? Would it be so hard to rename the 'Chrysler Eagle' the 'Chrysler Beagle'?



Dear God: We Dogs can understand human verbal instructions, hand signals, whistles, horns, clickers, beepers, scent IDs, electromagnetic energy fields, and Frisbee flight paths. What do humans understand?

Dear God: Are there mailmen in Heaven? If there are, will I have to apologize?

Dear God: Here is a list of just some of the things I must remember.

1. I will not roll on dead seagulls, fish, crabs, etc., just because I like the way they smell.
2. The sofa is not a 'face towel'.
3. The garbage collector is not stealing our stuff.
4. I don't need to suddenly stand straight up when I'm under the coffee table.
5. I must shake the rainwater out of my fur before entering the house - not after.
6. The cat is not a 'squeaky toy', so when I play with him and he makes that noise, it's usually not a good thing.

Brian Buckrell - Comox Valley Artist



For Galleries and Workshops Visit:

www.BrianBuckrell.com email: bbuckrell@shaw.ca

Calling ALL Canadian Artists

Join us in the next issue of

Island Arts Magazine

November 2022 - February 2023

Deadline: October 20

[Reserve your Space NOW](#)



Fall Thom Style

"I create my art by using small pieces of fabric that are machine stitched and mounted on canvas." Chris Allaway, London Ontario



pinterest.ca/callaway56 fabricated-art

Elizabeth Evans

Painter of Special Moments



"The Intruder" 24" x 48" painted in her Brickilism™ style

This work is included in the Federation Gallery's
Nature Trust of BC exhibition Sept 12 - 28
federationgallery.com

Gallery Representation

One Flower One Leaf Gallery,
436 Marine Drive, Gibsons, BC Canada

www.eaevansart.com

Diane Michelin - Canadian artist



After a trip to Italy to attend the Annual Dim Festival as an invited painter, I decided to extend it by visiting Tuscany (Montepulciano) and Provence (Lourmarin). My dream is to paint these fantastic regions.

I plan to publish an art book that will contain 80 sketches illustrating personal quotes on life, love, companionship, freedom and other topics.

Available 2024



dianemichelin.com



"Caught in the Act"
pastel on paper
artist Susan White,
Qualicum Beach BC



Oceanside STUDIO TOUR

The Oceanside Studio Tour, a pilot project for FCA Arrowsmith Fine Arts, received amazing feedback during its August 6-7 th run.

Thirty-two artists displayed their works across 21 studios, spread from Craig Bay to Qualicum Bay, with guests getting the chance to interact with members in the places they create their art.

Attendance surpassed all expectations and we are excited to see where next year will take us.

Vikki Vettese (Chairperson)



Blue Jeans and Rubber Boots

By Susan Schaefer

Summers on the Farm

As a kid, summers on the farm seemed to last forever. The first few weeks of summer holidays were spent with sleepovers at grandma's house, pyjama parties, late night movies, and sleeping in till noon. There was always endless grass to cut, with push mowers that were hard to start. Once you got them going, you just kept cutting around and around until they ran out of gas.

By mid August I would be looking forward to going back to school and hanging with my friends again. Living on a farm can seem a bit lonely at times.

During the summer there was plenty of chores to be had. We had sheds to paint and gardens to weed. The weeding alone could take all summer, as with a huge country-style garden, the weeds would be endless.

During the fall, baling comes to mind. My job would often be to drive the tractor while my brothers walked beside and tossed the bales onto a flat wagon. From there they would be up-loaded to the top of the barn with some kinda pulley system. One brother would put them onto



the auger and the other would be manning the hay-loft to stack them in position.

As the bales were coming up the trolley, the hay-loft brother would be building all sorts of paths, hideaways and forts throughout the loft. It became quite a labyrinth of hidden passageways, tunnels and secret hideouts. It was a great place to play and spend hours with the cats. It was a place where your imagination could run rampant. Over the course of the winter, as the bales got used up, so did your secret fort.

I often wondered if my dad knew what was going on, or why he couldn't get as many bales in the loft as he had imagined. Or perhaps he just left well enough alone, as the bales got stacked away and the kids had their secret place to play.





BLUE FISH GALLERY

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Tues. - Sat.
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10th Annual Alberni Valley Paint Out 2022 Sproat Lake Park & Harbour Quay.

The 10th Annual Alberni Valley Paint Out 2022 is happening on Sat. and Sun., Sept 10th & 11th, 9 am - 4 pm, with the support of DRAW Gallery in conjunction with the International Plein Air Painters (IPAP) 20th Great Worldwide Paint Out.

On Saturday artists will paint at Sproat Lake Provincial Park at various locations. On Sunday, artists will paint at Harbour Quay. At 3:00 pm there will be an exhibit of the weekend's work and a reception at The Starboard Grill at Harbour Quay. The public is invited to view the art and meet the Artists. Free Event and Everyone is invited.

Contact Astrid Johnston at 855-755-0566 or art@drawgallery.com to participate or for more info.

Sept 6th – Nov 25th, Fall In Love with ART!
Group Show. An exhibit of paintings, photographs, mixed media, glass and copper featuring work by local and Island Artists such as Maureen Coltman, Cecil Dawson, Karen MacRae, Patricia M. Mansell, Miriam Manuel, Jillian Mayne, Ann McIvor, Shannon McWhinney, Emma Paveley, Judith Rackham, Todd Robinson, Susan Schaefer, Marla Thirsk, Gordon Wilson, Tamas Zalatnai among others. Also, featuring work from the 10th Annual Alberni Valley Paint Out!

Visit us Online www.drawgallery.com. and onLocation at the corner of Melrose & 8th Ave in the dynamic Alberni Valley or Call 855-755-0566. Open Tues thru Friday 12pm - 5pm, and by Appointment, too!





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Old and New: Buildings of Port Perry

by Lauren Walker

I am an artist and writer living in Port Perry, Ontario. My family and I have lived here for twenty years. I've been involved in art for most of my life but it really took off a few years ago. This is when "the Artist within" was born. During a particularly rough time in my life, art was a saving grace. The Artist Within emerged and I haven't looked back. I'm lucky enough to live in a small town full of supportive people. This is my journey to pay homage to the town I call home.

Walking downtown Port Perry is like a trip back in time. Our town has done an amazing job at maintaining and restoring it's history. Many of these buildings have stood for over a hundred years. As an artist, I tend to look at my surroundings a little differently. One day while wandering down Queen Street, I began snapping pictures. I've been down this street a thousand times and one day I looked up and saw something amazing. I was looking for the "ghost sign" of the old "St. Charles Hotel" on the side of the REMAX building. I was able to find it! You never know what you'll find when you take the time to look up.

That got me thinking about my next artistic endeavor. While looking at the buildings, I began to appreciate the intricate brick work. What an amazing feat to create something so unique and beautiful. This is how my "Old and New: Buildings of Port Perry" series began.

My first in the series was done in December 2021. It is called "50 Years of the Old Mill". We have one of the oldest grain elevators in Canada. It also survived the fire that swept through Port Perry in 1893. I couldn't decide to complete the picture in black and white or color. I decided to do both! I used a reference photo from 1971 and did half in black and white which shows the old. The other half completed in color showing the new.



"50 Years of the Old Mill"

I've completed 5 pieces in the same fashion. I'm completing #6 and #7 as we speak. I like marrying the old with the new. These landmarks hold very special memories for so many people. Now more than ever, feeling a sense of connection to others is so important. So many people have stepped through the doors of these places. If those walls could talk, the stories they'd tell.



"Brock's on Foot"

These are more than buildings, we've shared our lives here. Those who have been and gone walked through these doors and shared special moments. I feel as if I've walked in someone's footsteps.

continued page 26...

continued from page 25...

by Lauren Walker



“Town Hall Theatre”

I believe this connects us all through time. We are all people experiencing and sharing our lives in this wonderful small town.

The purpose is to use my series as a backdrop for a book I want to write called “Memories of a small town”. It is also the theme of my very first solo show in January 2023. My goal is to connect with local residents and share stories of the locations I’ve painted. I want to write something for the community with help from the community.

My goal is to learn more about Port Perry. I’ve connected with local historians as well as the local historical museum. Learning over a hundred years of history takes time. I don’t want to just paint our history, I want to tell the story too. Our small town is special because of the people who live here. Happy painting!
The Artist Within

theartistwithin.weebly.com



Along the Tracks, 24 x 18” soft pastel on Canson Mi Teintes
DF Gray, dfgray.com

Colourful Cuisine

by David Essig

Over the ages, the Italian kitchen has proved marvelously receptive to foods of the New World - vegetables and fruits from North and South America that found their way into the culinary hearts of La Belle Paese. We most often think of tomatoes in this regard - especially in the South. But in the North of Italy - especially in the areas north of Venice, towards the Austrian border - cornmeal plays an equal role. Corn seeds from the Caribbean were originally brought to Italy in the 15th Century. After a period of hybridization, corn became the staple that it is today in northern Italian kitchens from Milan to Trieste.

While Italian cooks have used cornmeal in a variety of dishes over the centuries, the signature recipe has always been polenta - a simple mainstay of the North, consisting at its most basic of nothing more than ground cornmeal, water and salt, boiled together until the mixture takes on a thick, pudding-like consistency - a perfect receptacle for braised meats and stews.

Here is a simple, foolproof method of making polenta. I learned this decades ago in the Veneto and it's never let me down.

Start with good stone-ground cornmeal. Bob's Mill is good and widely available but any medium-coarse-ground cornmeal will work. Avoid anything marked "quick" or "instant" - as well as those yellow cylinders labeled "Ready-to-serve Polenta".

Here we go - get some water boiling. Whereas most cereals, like rice and barley, will want a 2:1 ratio of water to grain, polenta calls for 4:1. So put 4 cups of water in a wide-bottomed saucepan and bring to a boil. Once it's there, start drifting a gentle stream of 1 cup of cornmeal into the boiling water - pouring with one hand and stirring with the other with a good large spoon. Never stop stirring as the meal hits the water.



Once all the cornmeal is incorporated into the water, add some salt, lower the heat to medium and keep stirring. As the mixture heats up, it will start to "spit" at you - sending up little half-cooked blobs. While these might scald your hand, they're a good sign that the polenta is starting to come together. Keep stirring but take a break occasionally - it's not mandatory to stir constantly, despite the ancient Italian culinary adage to the contrary.

After 10-15 minutes, when the mixture starts to "tear away" from the sides of the pan, you're almost done. At this point incorporate $\frac{1}{4}$ - $\frac{1}{2}$ cup of cheese - in any flavour combination you like - and maybe a bit of butter. Stir a bit more and you're done.

Old recipes called for cooking polenta for 45 minutes, but our modern cornmeal will get you there in about 15 minutes, so don't worry. Give it a taste - if it tastes done, it is.

For a traditional presentation, spoon the polenta into a large wooden bowl, make a well in the middle with a soup ladle and fill the cavity with meat sauce. Diners scoop out a chunk of polenta and some of the sauce - a perfect foil to braised or roasted meat.

Variation: for the real *concia*, use 1 cup of milk and 3 cups of water for the starting liquid and add a big combination of cheeses at the end. The results are "softer" but they're perfect for many dishes.

Mangia bene!

TECH TALK

By Jeff Shields yaadev.com

Time to go Solar

We are having solar panels install at our home/office. The system we are installing will generate approximately 60% of our yearly consumption. It is the equivalent of taking 1 car off the road every year or planting 3920 trees or 320 barrels of oil saved. But the big thing is the monetary savings, over the life of the panels - \$44,000, almost double the cost.

What made it so attractive to do it now?

Last year the Canadian government announced a new home energy grant up to \$5000 for upgrades to heating/cooling systems, windows and doors, insulation and adding solar panels to existing homes. Then in June of this year they announced an interest free loan up to \$40,000 for 10 years to facilitate the adoption rate.

Here in BC, BC Hydro has a net metering program where they will purchase any excess energy you generate. On January 1, they take the wholesale price for electricity and on March 1 send you a cheque for any accumulated credits. Our application for net metering has already been approved.

As energy flows out of the home, you earn credits that are applied to subsequent bills. In our 2 tier billing system where energy over the threshold is charged at a higher rate, having the credits applied reduces the higher tier first, means big savings.



In doing my research, how we use our electricity with solar panels will be need to be adjusted to take advantage of when the panels are generating power. So instead of running the washer and dryer at the same time, we will finish drying one load before starting the second wash. Also we will avoid using the dishwasher while using either the washer or dryer. It also means doing laundry or running the dishwasher during the daylight hours. Not an issue for us since we work from home.

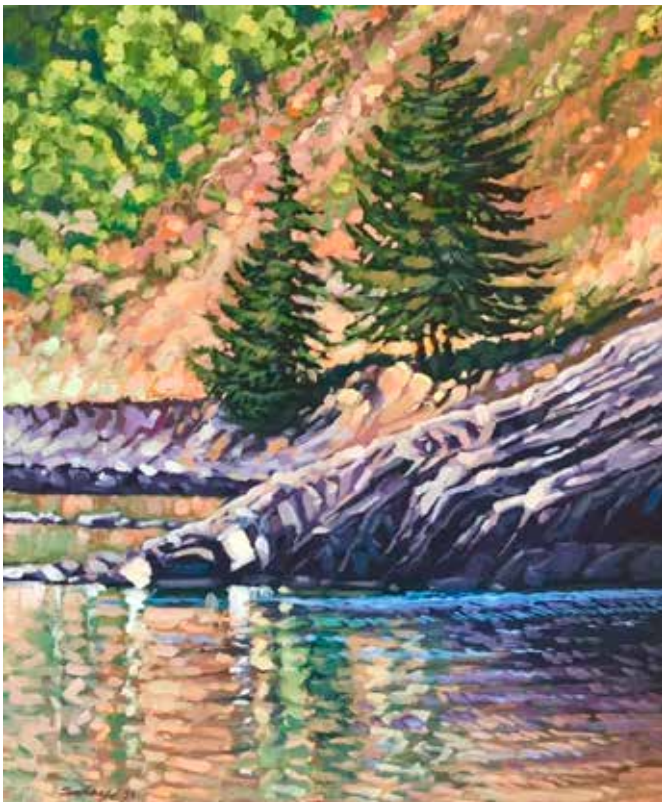
We also have a plugin hybrid car so charging it during the day will be free. We tend to run only in EV mode around town and only burn gas when on the highway. At the time of writing this, I have gone 700km and only used 10 litres of gas and still have 3/4 of a tank left. Without the solar panels a full charge costs around 80 cents to \$1.20 depending on whether we are in the 1st or 2nd tier of the billing cycle. I only need to plugin 3 times a week on average.

The system comes with smart electronics and we will be able to monitor our usage, panel efficiency and detect any problems right from our phone or tablet. It also has a 25 year warranty on materials, production and labour.

All in all, for us, this was a simple decision but a bit complex to work through all the information. If you are considering going solar either as net metering or off-grid, this is a great time to do it.



Memorial Avenue into Town , 16 x 12, acrylic
artist Joanne Nemeth, Qualicum Beach BC



Fall Fantasy: 20 x16" Casein on Birch Wood.
artist: M.Salay, Edmonton AB



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West Coast Gold, 36 x 36"





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Photo credit:
Nora O'Malley

Glenn Carlson – DidYmus Bernadotte - B.Arch
March 29th, 1930 - July 16th, 2022

Glenn Carlson was born in Mitisko, Alberta 1930. He was educated in fine art and engineering. In 1956 he graduated as an architect from the University of Manitoba.

Glenn retired early from architecture and spent 12 years living aboard his boats, working at various jobs in Vancouver and coastal Vancouver Island. While aboard his boat, he enjoyed reading, and working as a commercial fisherman, along with being a builder, a designer and caretaker of remote properties.

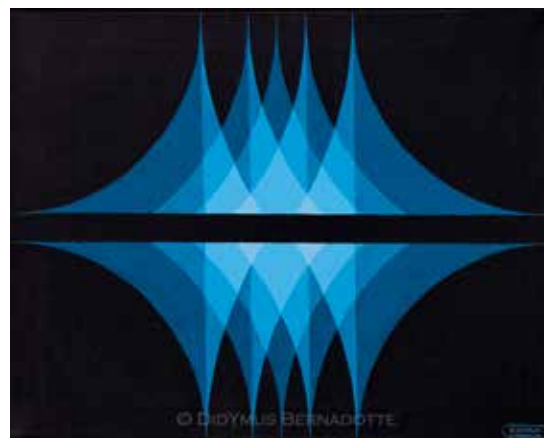
During this time, Bernadotte became absorbed in the study of aesthetics – (the philosophy of art and beauty). He found proportion perfected in ancient architecture and art of great masters. In the study of chaos – he especially was inspired by art that contains use of 'fractals' and the 'golden mean' or 'the golden rectangle', the two philosophy-defined relationships.

His respect for perfection of mathematics results in pleasing proportions and the use of the Golden Rectangle. His simple colour palette comes from the blue frosty skies, white of winter snow and browns and greys of mountains and building.

Often described as Mid-century modern style, his paintings bring light to his Scandinavian heritage as well as his interest in history, architecture and spirituality.

Those who have impressed Glenn are Frank Lloyd Wright & Buckminster Fuller. His most valued influences are his education in architecture and the friendship of his father who encouraged his analytical mind. He believes that there is a universal mind & that everything is as it should be.

He died peacefully at the age of 92 in his home studio surrounded by his ART from which he experienced much joy and fulfilment. His artwork can be seen at [Reflecting Spirit Gallery](#) in Ucluelet BC.



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Perspectives by John Warden

The Art of the Tree

For thousands of years the wind has coursed and roared through the mountains that arch along both sides of Kootenay Plains in Alberta. At Windy Point and along the ridge above that point, the land has been stripped of soil and nutrients. The trees there, cling to life. In pockets of soil surrounded by rock, they have been bent, twisted and dwarfed by the force of the wind.

Bonsai gardeners, growing and shaping trees in small pots are mimicking these natural effects that the currents of nature have imposed on the trees at places like Windy Point.

I started growing bonsai in the mid nineteen eighties in Edmonton. I had joined the Edmonton Bonsai Club and picked up a couple of nursery stock trees. Then I was introduced to the what the Japanese bonsai masters call 'yamadori'. 'Yama', in Japanese means mountain and 'dori', in this context means to take. Yamadori, then, means to take from the mountains.

I collected trees from the high passes of the Rocky Mountains, from places like Windy Point near Nordegg and from Cardinal Divide, south of Cadomin. I like to think of yamadori as being naturally dwarfed trees that, in the face of the

harsh realities of life, have managed to survive and thrive and to communicate a rare and serene beauty.

I collected some great trees over the years, trees that were hundreds of years old. Beautiful trees that I put into pots. Through them, by trimming and training, I created art. Then, life intervened. My journey 'diverged in a yellow wood' and for a while, I took the road without bonsai trees. But now, my journey has brought me back to bonsai.



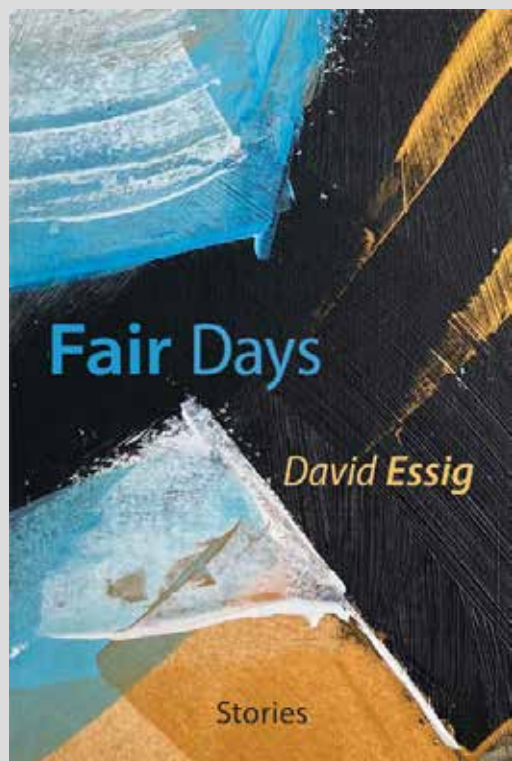
photo by Debra Kelly



The townhouse complex where we live has boxwood privacy hedges that separate the front driveways. Our first winter here it snowed. There was a small accident and one of the boxwood hedges was run over by a slip-sliding vehicle. By spring, the hedge wasn't doing very well. Mostly dead, it needed rescuing, so I volunteered.

Soon, it was in a pot and I was working with it. First to bring it back to vigorous life, and then to find within it, the art of the tree. It was my first Vancouver Island Bonsai. But not my last.

To Be Continued....



Just released - FAIR DAYS - the new Book+CD from BC's David Essig – one of the finest roots musicians and songwriters in Canada.

FAIR DAYS is collection of 13 new short stories by David, based on the narratives of songs he has written and performed over his fifty-year career.

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davidessig.com

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Fall Beauty on the Saugeen River
36"x48", acrylic
artist: Silvana Virdiramo, Walkerton.Ont.

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Monet loved to use a limited palette to paint some of his amazing outdoor impressionistic work.



There is something exhilarating about working with a limited palette. It simplifies the thought process and the work tends to have more harmony as the colours flow and compliment each other.

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The best way to predict the future, is to create it. - Abraham Lincoln



"Fallen leaves and fallen trees 12x36,
artist Lauren Walker theartist-within.weebly.com



Dragonfly Dreaming with Beth

There's something about transformation that has always fascinated me. Observing so many creatures (such as dragonflies) experience a series of transformations during their lifetimes was perhaps an inspiration to the early alchemists, who sought to transform one type of matter into another - lead to gold, anyone?

Building my own alchemical vessel was a painstaking journey. First, doing the research, then scouting out the various parts and pieces, tracking down a reputable / knowledgeable fabricator and keeping it all to a very tight budget?

My 'Skookum Cowichan Still' is the result. We built it back in 2003 or so, from a discarded milk manifold I found in a dairy farm equipment supply guy's back barn; a crab cooker; 20-odd feet of coiled stainless tubing from my Dad's old Chris Craft and - courtesy of Biker Al who did the fabrication, a Harley Davidson muffler as the cooling tower sleeve. Multiple tubes, flanges, perfect weather and a good deal of patience complete the job. Oh, and of course the plant material I am intending to transform!

I have distilled many different plants with the SCS - obviously lavenders (both French and English) but also rosemary, wild carrot seed, wild field mint, oregano... planning to do lemon balm next week if I can make the time! The worst ever was Scotch Broom in bloom - the stench! Like the devil's own armpit, so sulphurous!



But the most heavenly, was a perfect summer for roses during Covid - I had the time to gather them, friends came by with boxes of fragrant dead-heads and the resultant rose infusion and hydrosol were utterly heavenly! Maybe next year the pieces will all line up again and alchemy of the highest order will be taking place in my Garden of Transformation.

By Beth Lischeron
Dragonfly Dreaming Organics



Grand National Fibre Exhibit

By Tamara Yewchuk

In May of 2022, I was fortunate to catch the Grand National Fibre Exhibit: Crossroads, at the Victoria Arts Council, in BC. 48 juried selections are showcased and traverse the country to exhibit in six locations. The last three are located in Western Canada.

The pieces range from sculpture to painterly attempts. These pieces must be viewed in person to appreciate the myriad techniques and thousands of stitches.

Traditional textile approaches such as sewing, stitching, felting and quilting have always struggled for recognition in the art world. Textile mediums have often been dismissed as elderly hobbies. However, this exhibit makes a case for fibre as an artistic medium. As a fibre arts enthusiast and fellow knitter and slow stitcher, I had the pleasure of viewing these pieces up close.

The theme of crossroads translated literally as roads, physical landscapes, and barriers. Metaphorical interpretations included the Covid 19 pandemic and an array of life decisions. Many included narratives of navigating the crossroads of faith, divorce, new homes, careers and beginning a family. Some celebrated triumphs and some demonstrated the obstacles of crossroads. The three following pieces resonated because of the unique techniques chosen as well as the evocative result.

Charlene Collette's, *New Parents* 45"x60", utilized rug hooking. A photo was projected onto the large piece hanging in a room of its own. It investigated the domestic role of women in the home. The shadows of the photo illuminated the shiny aspect of the material and amalgamated fibre and photography. The use of a sepia photo



furthered the feeling of an historical museum piece.

Woulda, Shoulda, Won't by Kemo's Schedlowsky is one of the few sculptural pieces, 12" X 27" X 8". The dynamic characters are wrestling and defy gravity- it is evident the piece is about conflict. The soft sculpture approach illustrates the softness and vulnerability of the entangled bodies. The artist statement discusses the conflict of environmental pollution yet it would not have been evident from the piece.



continued... page 36

Grand National Fibre Exhibit

continued from previous page

Demonstrating her new artistic path from quilt making topographic illustration, Paulette Cornish's, *New Path* uses material graphically. It is a masterful use of light and grey scale that could be mistaken for paint from a distance. While the light captured is impressive, it depicts a path that is unclear and in shadow.



Although the pieces varied in aesthetic approach and narrative, the show was limited because the majority of pieces were flat and stiff which does not fully showcase how fibre moves and flows more so than other mediums such as painting or drawing.

Future showings:

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Stay tuned for Delights 2024

Oct 12, 2024 to Jan 25, 2025
Woodstock Art Gallery
449 Dundas St., Woodstock, ON

March 14 - April 25, 2025
Port Saint John Gallery, Saint John Arts Centre
20 Peel Plaza, Saint John, NB

You can view the winning pieces on the website as well as a video.

www.grandnationalfibreartexhibition.com



Golden Ears Mountains
Overlooking the Pitt River
In my "deconstructed vistas" style.
24x30 acrylic on canvas

All rights reserved by the artist.
Helen Ramsay, Port Coquitlam BC
helenramsayart.com

Living our Destiny with Design Principles

by Carolyn Dawn Good

In today's world, when we are unsure about the future it is easy to look towards the years ahead with uncertainty and concern.

"Art" has become a word that has as many meanings as the number of people saying it. Underneath all the noise and Instagram reels, there is a still small voice of delight and enchantment.

There is a visual language that can be used to take in a work of art. This language is relational. It is a language of patterns. It is how the diverse elements of design relate to each other.

Sometimes it's fun to imagine my life story as an epic adventure and the scenes like stills from a master painter depicting the ordinary scenes with an otherworldly flair.

Today, I write this, as the two sheep eagerly munch the grass that they have been looking at from the other side of the fence. Many times we can open the gates of our hearts and minds to greener pastures. It is my intent that this article has that same effect for you.

The daily decisions are often turned to automatic routine. What if we could design our lives the same way a master painter might? An artist's practice is to listen to their own inner feelings. Also to express subjectively, then express subjectively.

To illustrate, think of an issue existing for you that is causing you to ponder what the new choices and directions might provide a solution.

1. Scale/Proportion: Using the arts principle of scale/proportion, what would you like bigger or smaller? What is out of proportion? What would feel better if it was a design? What would make things more beautiful?

2. Movement: Look at where things are stuck or moving too fast with the arts principle of Movement. Look at the issue as if there may be something stagnant, false or too much movement. Is there time to pause? Have you paused too long? There is a lovely wisdom and innate flow waiting to be expressed.

3. Rhythm: Look at the situation through the arts principle of rhythm. What is the rhythm that is being expressed. Is there a new rhythm set in motion? Is there too much structure? Could you slowly introduce more beautiful patterns so that the harmful patterns are reset into one with more life and vitality? What is your heart telling you.

4. Variety: As this new rhythm comes into possibility, the next arts principle is variety. See all the options and bring into awareness. Revel in the options and see how each part of the design is unique, each person in like a brushstroke yearning for its own individual meaning and unique voice like a Japanese painting.

As you master your perception to be like an artistic act, you can make beauty in your daily life. You will find that the most personal is the most universal and the future can be set on this informative and benevolent canvas or foundation. Trust yourself, the creative process. ~

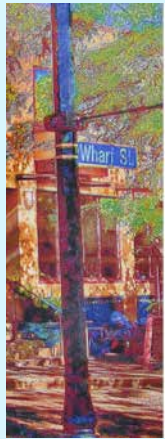


"Charihey" (Carolyn Dawn Good) is a career artist who has designed community art for social change events and expresses herself through mediums such as encaustic fiber, oil

paint, digital art/photography and intuitive collage. She is an enthusiastic presenter, experienced therapist and creative coach.

Patreon.com/CDGood

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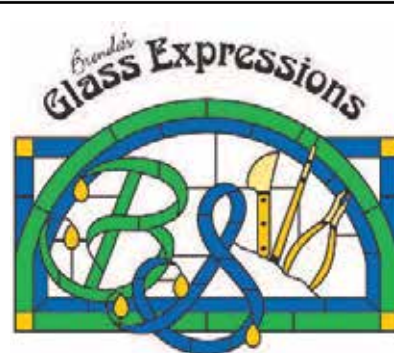
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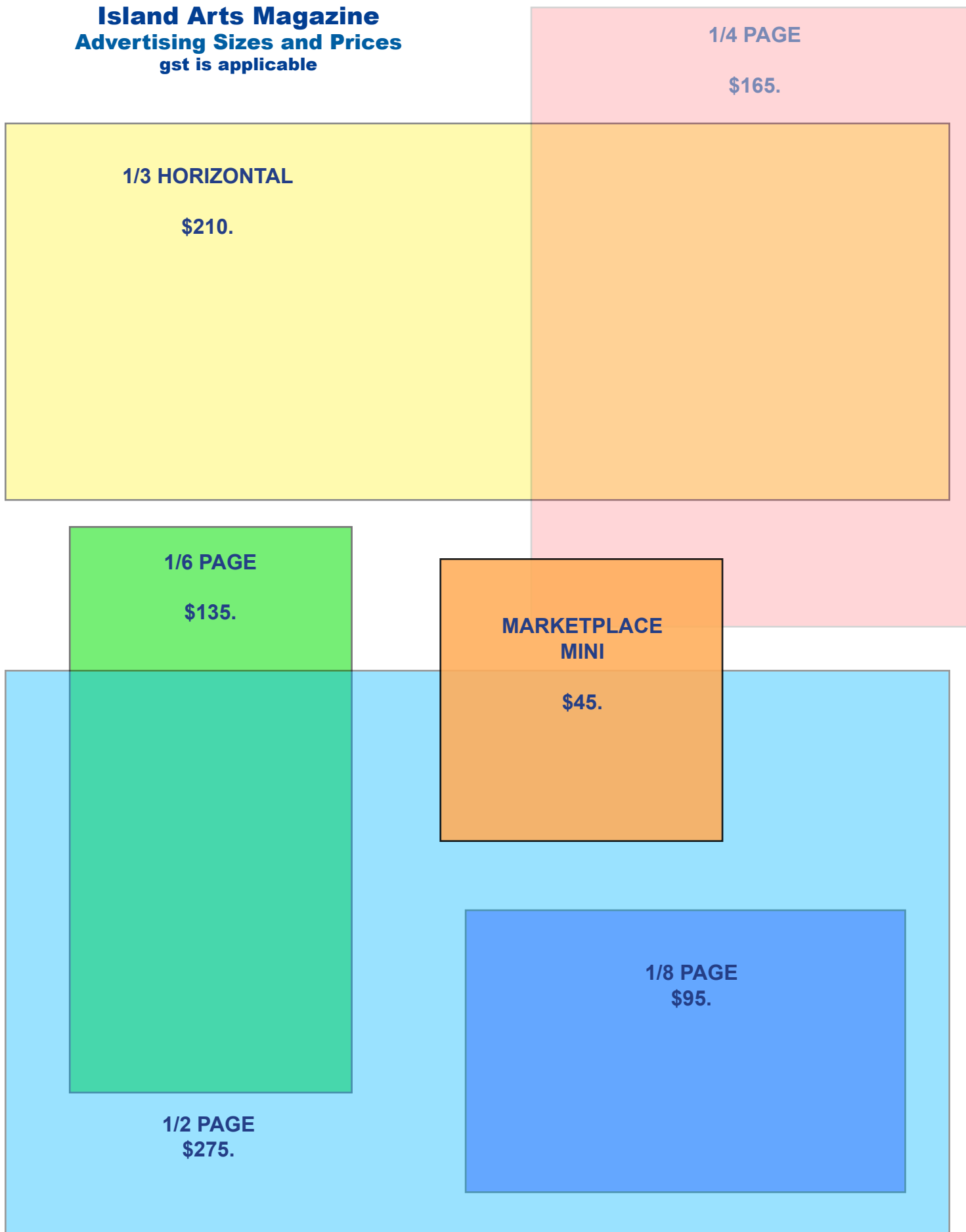
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'Shelly Creek' oil on canvas 30"x24".
artist Margery Blom, Errington BC
margeryblom.com

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